

Small changes,
big differences.



FREE Teen Triple P Online Discussion Groups

Parenting during a global pandemic sometimes feels impossible.

Join other parents for support and positive parenting tools.

Topics for discussion include...

Rudeness, disrespectful behavior, coping with teenager emotions, reducing family conflict, establishing and maintaining family routines, answering difficult questions, helping teens tolerate uncertainty and practicing consistent self-care and more.

Starts August 20

Thursdays
During School Year
7:30-8:30 pm

Triple P – Positive Parenting Program® for parents of teenagers



Register & Learn More
tempecommunitycouncil.org/triple-p
480.980.7502

QUESTIONS?

sandi_cimino@tempe.gov
34 E. 7th Street, Tempe, AZ 85281

MORE ABOUT

www.triplep-parenting.net