Small changes, big differences.





FREE Teen Triple P Online Discussion Groups

Parenting during a global pandemic sometimes feels impossible.

Join other parents for support and positive parenting tools.

Topics for discussion include...

Rudeness, disrespectful behavior, coping with teenager emotions, reducing family conflict, establishing and maintaining family routines, answering difficult questions, helping teens tolerate uncertainty and practicing consistent self-care and more.

FMPF

Community Council

Starts August 20

Thursdays During School Year 7:30-8:30 pm

Triple P – Positive Parenting Program ® for parents of teenagers

Register & Learn More tempecommunitycouncil.org/triple-p 480.980.7502

QUESTIONS? sandi_cimino@tempe.gov 34 E. 7th Street, Tempe, AZ 85281 MORE ABOUT www.triplep-parenting.net

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