Parenting teenagers is rewarding ... and challenging!





## FREE Online Parenting Sessions for Caregivers of Teens

Discover practical tools, expert insights, and supportive solutions from trained professionals.

All sessions are one hour. They are relaxed, informative, and discussion-based.

See reverse for a complete list of topics and session dates.



Triple P - Positive Parenting Program® for parents of youth ages 12-17

TEMPE Community Council **QUESTIONS?** Ann Lynn DiDomenico ann\_didomenico@tempe.gov

tempecommunitycouncil.org/triple-p

Tempe Coalition.org

The Tempe Elementary, Kyrene and Tempe Union High School Districts neither endorse nor sponsor the organization or activity presented in this material. The distribution or display of this material is provided as a community service.

## Fall 2025 Online Schedule

Aug 4, 5:00 pm	<b>Getting Teenagers to Cooperate</b>
Aug 11, 5:00 pm	<b>Coping with Teenagers Emotions</b>
Aug 18, 5:00 pm	<b>Building Teenagers' Survival Skills</b>
Aug 25, 5:00 pm	Reducing Family Conflict
Sep 8, 5:00 pm	<b>Raising Responsible Teenagers</b>
Sep 15, 5:00 pm	<b>Raising Competent Teenagers</b>
Sep 22, 5:00 pm	<b>Getting Teenagers Connected</b>
Oct 20, 5:00 pm	Smoking and Vaping: What Parents Need to Know
Oct 27, 5:00 pm	Drinking Alcohol: Empowering Parents to Guide Healthy Choices
Nov 3, 5:00 pm	Preventing Teen Drug Use
Dec 1, 5:00 pm	<b>Raising Responsible Teenagers</b>
Dec 8, 5:00 pm	<b>Raising Competent Teenagers</b>
Dec 15, 5:00 pm	Getting Teenagers Connected
isit tempecommunitycouncil org/triple-p to review full session descriptions	

Visit <u>tempecommunitycouncil.org/triple-p</u> to review full session descriptions.









PROMOTED BY



These classes are made possible through funding from the

GOYFF Trauma Informed Substance Abuse Prevention Program (TISAPP) grant from AHCCCS, as awarded by SAMHSA.